

**CDR's CDPAS program gives you control over your services, the freedom to determine who provides them, and how they are provided.**



Do you or your family member want to stay in your own home and out of a nursing home or group home?

Do you want to have control of your attendant services?

Do you want to hire and supervise the staff who provide your care?

***If you answered yes to any of the above, contact the Center for Disability Rights!***

Call: (585) 546-7510

TTY: (585) 546-7512

Email: [CDPAS@cdrnys.org](mailto:CDPAS@cdrnys.org)

### ***Counties/Regions of Service***

CDR operates across New York State. We are currently expanding our CDPAS program. To find out if we serve your county, please contact us.

The Center for Disability Rights maintains personnel and payroll records for your Personal Assistants, bills Medicaid, and pays the Personal Assistants.

## ***Consumer Directed Personal Assistance***



Center for Disability Rights, Inc.



## ***Responsibility Autonomy Decision-making***

In the CDPAS program, you are in the driver's seat. You are the primary decision-maker, and you determine how your program will best work for you. As the consumer, you assume many of the responsibilities of an employer, including recruiting, hiring, and training your own Personal Assistants.

## ***Choice Control Empowerment***

By using CDPAS, you select Personal Assistants, train them to take care of your unique needs, and determine the schedule of care that works best for you.

You choose the people who assist you in your home. You are in charge of recruiting, hiring, training, and supervising your home health aides. If a Personal Assistant's performance is unsatisfactory, you have the power to terminate the assignment.



### **To be eligible, you must:**

Be currently receiving, or be approved for personal assistance

Expect to need personal assistance for at least 180 days

Be medically stable

Be self-directing or identify a person willing to assume the responsibilities of the program on your behalf

### **Interested in Becoming a Personal Assistant?**

If a friend or loved one is interested in hiring you, that individual can contact their Supervisor Support Specialist with your information. CDR has a Hiring Portal for Personal Assistants that lets you complete the entire hiring process online. Once hired through CDR, you can add yourself to our Attendant Availability List, which consumers use to find new Personal Assistants.

## ***Support Assistance Training***

CDR is here to support you. You will be assigned your own Supervisor Support Specialist, who will make sure you know how to maintain eligibility, become authorized for the service, and answer any questions you may have about recruiting, hiring, and training your Personal Assistants. They will check in with you regularly to make sure your needs are being met, and are there to direct you to any other resources that might be helpful.

CDR also contracts with Peer Mentors through the Consumer Directed Personal Assistance Association of New York. Peer Mentors are consumers who use Consumer Directed services, who you can call to get more support. Peer Mentors are experienced Supervisors in the CDPAS program, and are available to advise you getting the most out of your program.

### ***A win for everyone:***

The CDPAS program gives consumers the freedom of choice that traditional home care services cannot. It also eliminates unnecessary paperwork, and excessive supervision of individuals with disabilities. By offering this program, New York State saves taxpayer dollars too.