

Are you living in a nursing home or intermediate care facility?

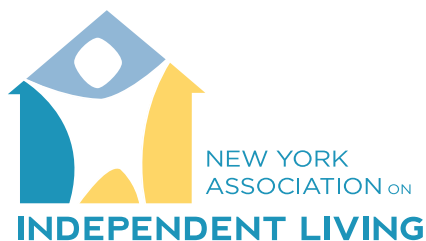
Do you want to live in your own home or apartment, a shared home, or a small group home? It is your choice. We can help you explore ways to live in the community.

The *Open Doors* Program helps people move from nursing homes or intermediate care facilities to homes in the community. This program helps you find the services and supports you need to live independently.



**WANT TO MOVE TO
THE COMMUNITY?**

We can help



www.ilny.org | 518.465.4650



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The Transition Center helps people living in nursing homes or intermediate care facilities get the care and services they need at home and in their community. Transition Specialists are aware of services and supports in your area. They will help you:

- Identify the services you need
- Find a home that you can afford and that meets your needs
- Set up services like in-home help
- Get ready to return to the community



Moving to the community can be hard. Peers provide support to people who are interested in moving to the community. Many Peers have moved out of nursing homes or intermediate care facilities themselves. They can share their challenges and successes. They can meet with family who have concerns about you moving.

Peers and Transition Specialists work together to help you make a successful transition.



To learn more about the Open Doors Program, transition, or Peer services; Contact the Open Doors Program at 1.844.545.7108, or www.ilny.org.

